



## **PBYFCL 2025 Cheer Parent Contract**

### **Uniforms**

*Practice uniforms are as follows:*

- Comfortable Clothing
- Sneakers (not game shoes) No Clogs or Slides
- Hair must be worn in a high tight bun or ponytail

*Game uniforms are as follows:*

- Cheer uniforms (provided)
- White no show socks. Month of October pink athletic socks for breast cancer. (Pink socks will be provided)
- White cheer shoes
- Cheer bow (provided)
- Navy leggings (when approved by Coach) and/or practice pants
- Hair must be worn in a high tight bun or ponytail
- No makeup, jewelry, artificial nails, or nail polish will be permitted.

These uniforms are the requirement of our League. Parents will be given a link to purchase the correct Cheer Briefs, Navy Leggings, and Cheer Shoes.

Cheerleaders are not permitted to eat while in uniform. If a uniform is returned stained, you will be responsible for a \$100.00 replacement fee. Cheerleaders may only drink water while in game uniforms. Please no colorful drinks as they will stain, and it is very hard to remove from white on uniforms.

Uniforms are at the discretion of coaches at the time of the game. Depending on weather the coaches will decide what the cheerleaders need to add to uniforms.

If you fail to return the uniform, you will lose your \$100 equipment/uniform deposit.

### **Tote Bags**

We suggest that each parent purchase a tote bag for their child. We would like these items brought to each game:

- Plain white tank top

- Water bottle
- Navy long sleeve turtleneck that comes with uniform
- Navy leggings
- Gloves and Ear Warmers
- Warm-up pants

It is necessary to have these items at each game because weather can change at a moment's notice and we always want to be prepared so our cheerleaders are comfortable.

## **Communication**

If you have not done so, please download Band App to your smart phone and create an account. We will communicate through this app.

The app will ask if your child is attending practices and games. Please respond to these apps in a timely manner. We do stunting, cheers and other activities based on attendance and it is extremely important for us to know how many cheerleaders will be attending practices and games.

## **Practice**

We encourage all parents to stay for outdoor practices, but we ask you not interfere and sit in the designated spot unless there is an emergency.

Our practice discipline procedure is as follows:

- 1<sup>st</sup> offense: Child will be asked to sit out
- 2<sup>nd</sup> offense: Parent will be advised
- 3<sup>rd</sup> offense: Child will be asked to leave practice

We appreciate you encouraging your child to be respectful, polite and follow their coach's direction. This discipline procedure will be put into effect if a cheerleader is:

- repeatedly talking and being disruptive after being asked to stop by a coach
- Being disrespectful to a coach or fellow teammate
- Using inappropriate language or speaking about things that are inappropriate

It will be at the discretion of the coach to put the discipline procedure into effect. If there are repeated incidents the cheer director, an additional board member, coach and parent will have a private meeting to discuss further action.

PBYFCL follows the WeatherBug app for cancellation of practices and games. Should this occur you will be sent an email via the Band App from your coach. If you have questions, please reach out to your head coach.

Practices are mandatory. If your child will miss a practice you must let your coach know, if too many absences during the week, cheerleader may not be able to stunt during that weeks game.

Please note that practice might continue after Cheerfest if the Division makes the playoffs. Cheerleaders are not to wear jewelry or have artificial nails during practices for the safety of themselves and teammates.

***I have read the 2025 PBYFCL Cheer Contract. I understand and agree to adhere to the policies and procedures listed in this contract. I understand that if my child is not properly prepared for practices or games, my child may not be able to participate that day.***

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Parent Signature

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Date

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\_ PBYFCL Representative

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Date